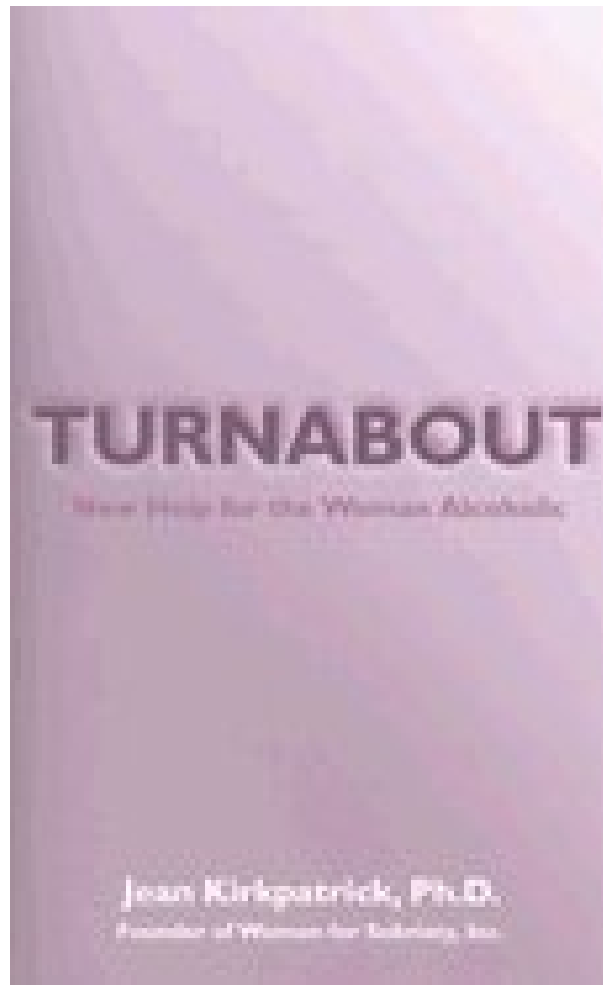
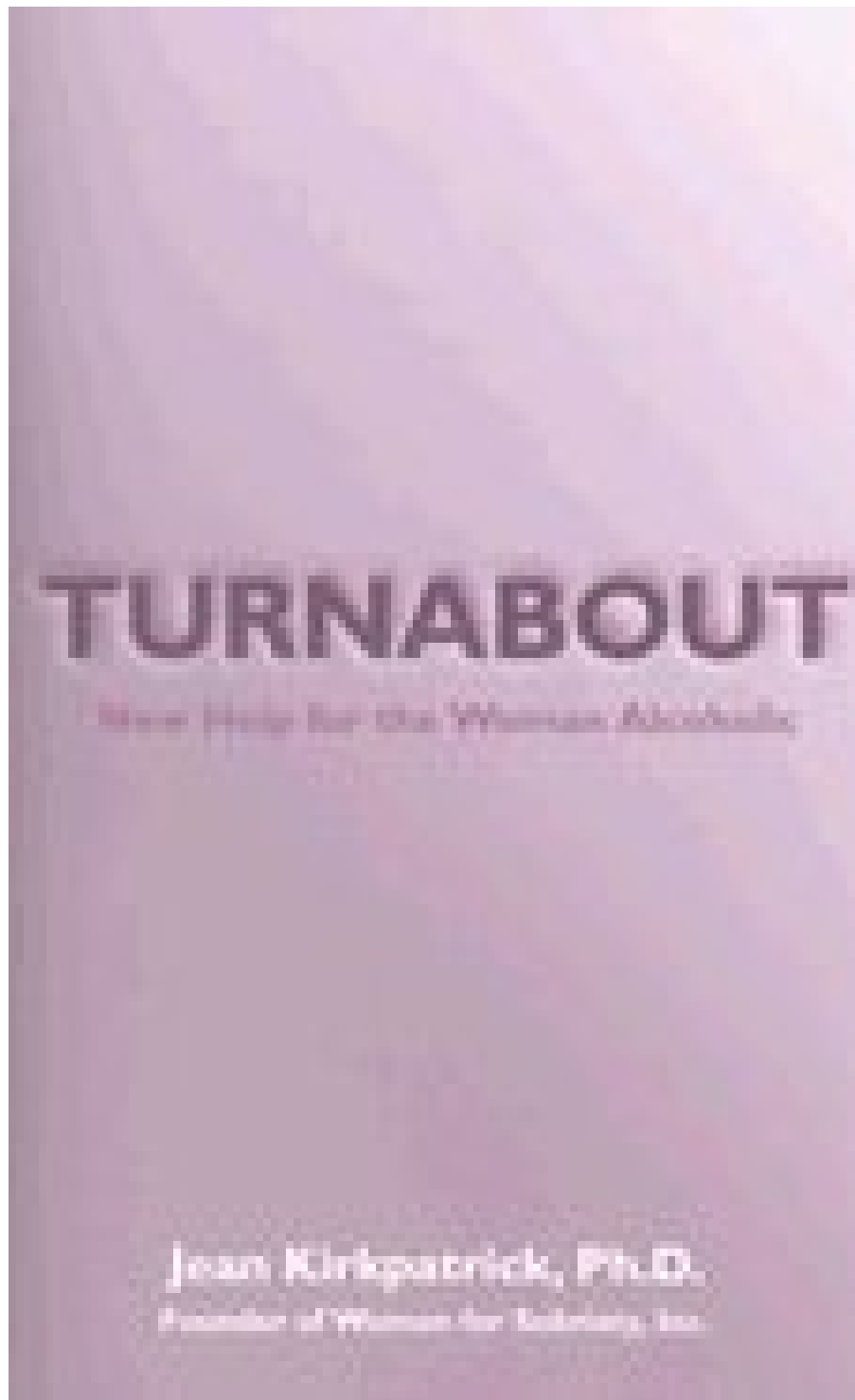


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From front book flap: "Jean Kirkpatrick knows what it is to be an alcoholic. She also knows what it takes to recover. Speaking honestly of her experiences as an alcoholic, and of the accompanying agony, guilt, and self-hatred, she tells how she was finally able to stop drinking and begin a new life..... Since her recovery, Dr. Kirkpatrick has devoted herself to helping other women alcoholics combat their addiction. In the course of that effort, Dr. Kirkpatrick founded Women for Sobriety, an organization that uses group therapy to help the alcoholic woman change the negative feelings that lead her to drink into positive attitudes that will help her to find a plan for her new life. The emphasis is on affirming the woman's value as a person, enjoying the present, setting constructive goals, learning to love others, and cultivating an awareness of life's spiritual dimensions."

- Sales Rank: #1679101 in Books
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- Number of items: 2
- Binding: Hardcover
- 183 pages

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MUST READ FOR WOMEN ALCOHOLICS

By A Customer

I am a recovering alcoholic and I thank Jean Kirkpatrick for my sobriety today. Ms. Kirkpatrick is the founder of the Women for Sobriety "New Life" Program which is the first self-help recovery program exclusively for women. Women For Sobriety groups are world-wide and offer support for the alcoholic woman. This book was my first step toward sobriety. I now attend AA meetings and have been sober for 14 months.

If you are female and think you have a drinking problem, don't delay in getting this book.

0 of 0 people found the following review helpful.

shows degradation of addiction

By bungalowqueen

Compelling writing, awful story about a successful woman falling into alcoholism. She was lucky to have some almost-saintly friends to help her along. I wish it had talked more about her founding of Women for Sobriety - seemed rushed through at the end.

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