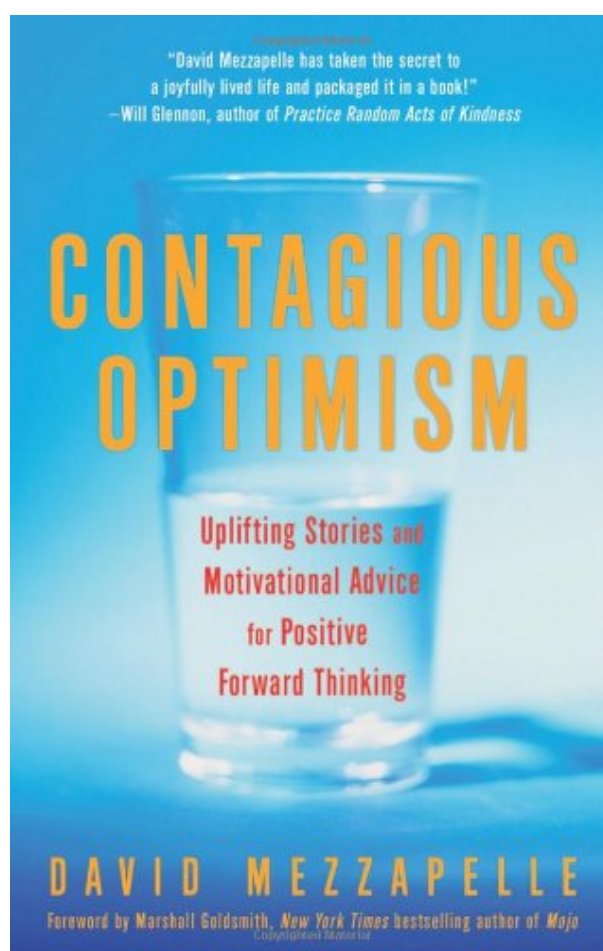
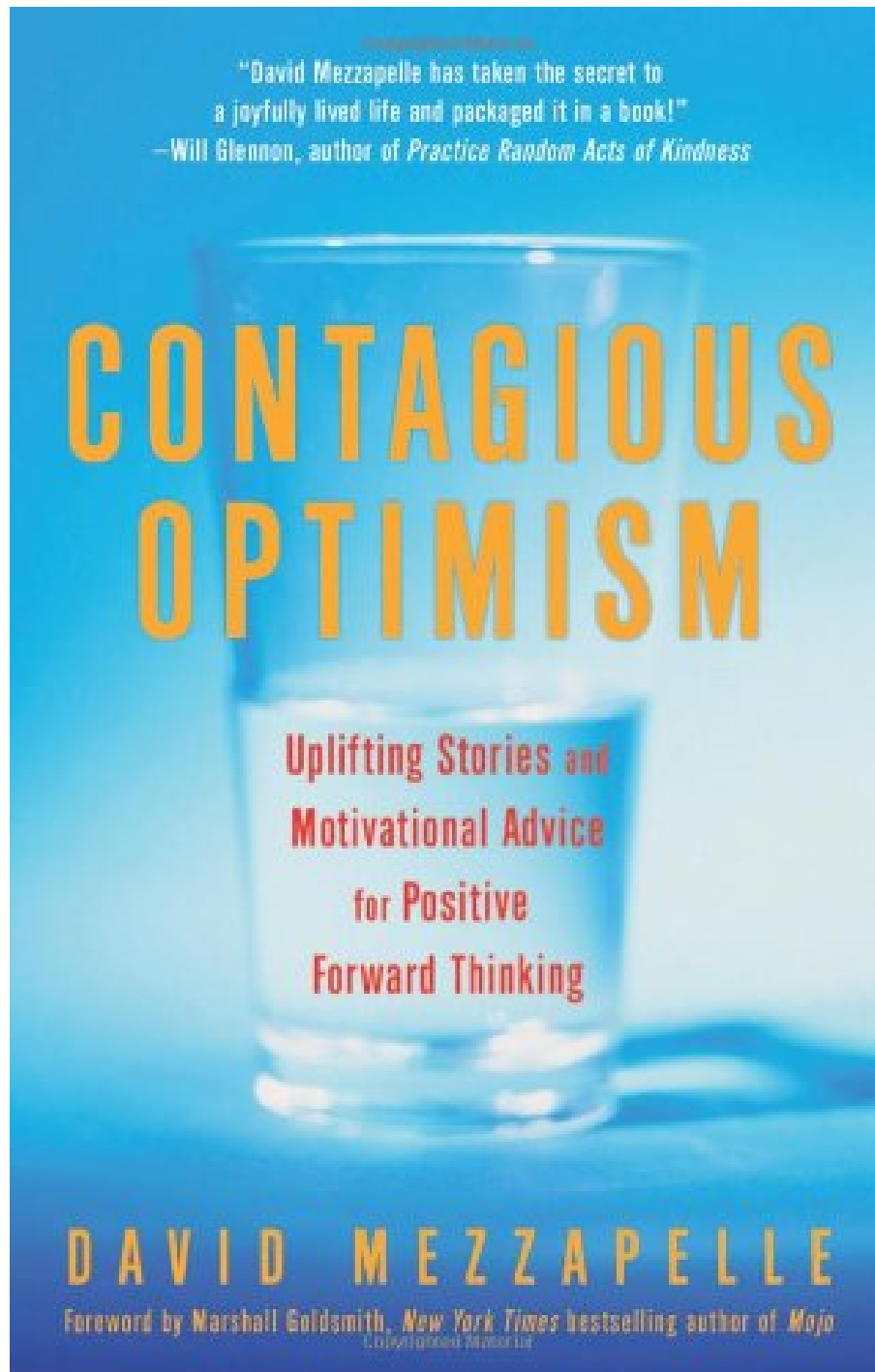


CONTAGIOUS OPTIMISM: UPLIFTING STORIES AND MOTIVATIONAL ADVICE FOR POSITIVE FORWARD THINKING BY DAVID MEZZAPELLE



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But right here, we will show you amazing thing to be able constantly review guide *Contagious Optimism: Uplifting Stories And Motivational Advice For Positive Forward Thinking By David Mezzapelle* any place as well as whenever you happen as well as time. The book *Contagious Optimism: Uplifting Stories And Motivational Advice For Positive Forward Thinking By David Mezzapelle* by just could assist you to understand having guide to review every single time. It will not obligate you to constantly bring the thick book wherever you go. You can just maintain them on the gadget or on soft file in your computer to always read the room during that time.

Review

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"Enlightenment, positive mind control, and many other capabilities exist in all of us. Once they are harnessed, we are able to do anything we put our minds to. Contagious Optimism is proof that people from all corners of the world have the ability to meet and exceed their goals despite the odds."

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"There has been one common ingredient throughout my personal and professional life - optimism. It has been a solid driving force and has never wavered. When you read David's book, Contagious Optimism, you will better understand why it is so powerful... how it empowers, motivates, and leads people to tremendous results. "

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Start using the lessons of Contagious Optimism to write your own "silver linings playbook." Contagious Optimism includes stories, advice, actions and insights from business leaders, visionaries, professionals and just plain folks. David Mezzapelle believes that we all have the capacity to make optimism contagious just by sharing our life's adventures, and he's found a group of unstoppable optimists who have made their lives exactly what they want them to be.

Learn to:

- Develop your talents through practice
- Become successful by turning the word "impossible" on its head
- Meet "The One" by becoming "The One"
- Build the brand that makes you you

...and much, much more.

About the Author

David Mezzapelle has been motivating others to be positive since his childhood. In most aspects of life he has been living his vocation of making others feel good about themselves, the world around them, and what lies ahead. David is a major proponent of optimism. He has served a variety of roles to mentor others and assist people, of all demographics, in appreciating their current life as well as in building a foundation for the future. David was inspired to write this book series based on his life's experiences and his contagious optimism. Throughout David's life he has encountered great peaks and valleys, all of which he is thankful for. He never lost sight along the way and has kept his positive attitude and confidence at 110 percent. He has influenced many people with his outlook and these books are his way of offering optimism to others that have never met him. David has been a guest on various radio and Television programs. He is also a frequent contributor to the Wall Street Journal and various other publications around the globe. David resides in Jupiter, Florida with his wife, Courtney. Learn more about David at contagiousoptimism.net.

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Featured stories and endorsements from "contagious optimists" such as:

Michael Beckwith - Founder of the single largest interfaith church in America: LA's Agape.

Nancy Ferrari - The "Oprah of AM Radio"

Daniel Tully - Chairman Emeritus of Merrill Lynch and one of the top executives to ever grace Wall Street.

- Sales Rank: #594881 in Books
- Brand: Brand: Viva Editions
- Published on: 2013-06-11
- Original language: English
- Number of items: 1
- Dimensions: 8.20" h x 1.20" w x 5.20" l, 1.00 pounds
- Binding: Paperback
- 272 pages

Features

- Used Book in Good Condition

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Most helpful customer reviews

10 of 10 people found the following review helpful.

Perfect Timing

By Danica

In this ugly world of bullying, war and drive-by shootings, how divine to read stories about ordinary people who discover that dealing with difficult issues can be easier if one maintains a positive attitude. This book gives me hope that this world is still filled with amazing people. I read the book once and have started re-reading it again! Love it!

8 of 8 people found the following review helpful.

This is what the world needs NOW!

By T. Love

I LOVE THIS BOOK! It is so uplifting. Divided into categories so you can go to a specific section, this book offers stories, all short, of optimism that make you smile are so uplifting, altruistic, endearing, relational - so many hit home in different ways. We live in a world where the news is negative and it is discussed over and over again. Get this book, all the proceeds go to charities by the way, read it from front to back and then use it as a reference when a specific area of your life needs to have a little more light shining in it. It's a quick read, it's a fabulous book, I dare say it would convert the most pessimistic of people. This is the first in a series and I cannot wait to see what the next book will bring. Inspiring and thought provoking - kudos to David Mezzapelle, I wholeheartedly give it a A+++++. I will be giving this book as a gift to many - don't forget to gift yourself.

3 of 3 people found the following review helpful.

Contagious Optimism

By Dee Cascio

I have been touched by the heartfelt stories in Contagious Optimism. It takes a lot of courage to share some of the life challenges that the writers have faced and the way they have persevered with determination, optimism and hope for a positive outcome. Because the authors come from all walks of life, there are many topics and life events that are found in C. O. I highly recommend this book to anyone who is looking for support, wants to build a reserve of contagious optimism or is looking for an uplifting read.

See all 38 customer reviews...

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"Filled with TRIUMPHANT and fascinating stories from people all over the world, as well as life coaches and other authors, Contagious Optimism offers you encouragement to trust yourself and forge ahead in the midst of confusion and fear. This book has a contagious vibration that sparks courage, self-love, and personal empowerment. Be prepared to open yourself to new perspectives that place you outside the box and into a place of trust and love!"

—Laurie Martin, author of Smile Across Your Heart: The Process of Building Self-Love

No matter how difficult or easy your life may be at any given moment, it is possible to experience meaning and happiness. Read Contagious Optimism for yourself. Read it for your teams at work. Read it for your family. It will help you improve your life, your outlook, and your behavior.

—Marshall Goldsmith

"Enlightenment, positive mind control, and many other capabilities exist in all of us. Once they are harnessed, we are able to do anything we put our minds to. Contagious Optimism is proof that people from all corners of the world have the ability to meet and exceed their goals despite the odds."

—Bucky Dent, New York Yankees World Series MVP, Baseball Hall of Fame, Player, Manager

"There has been one common ingredient throughout my personal and professional life - optimism. It has been a solid driving force and has never wavered. When you read David's book, Contagious Optimism, you will better understand why it is so powerful... how it empowers, motivates, and leads people to tremendous results. "

—James F. Mooney. Chairman of the Board, Virgin Media, Inc.

"In this age of increasing stress, at a time when our world seems to be falling apart, being optimistic is a revolutionary act requiring great faith and courage. We are at a time of great change and there are signs of hope as well as despair. Contagious Optimism—Jed Diamond, Ph.D., author of The Irritable Male Syndrome: Managing the 4 Key Causes of Depression and Aggression

Are you still looking at the glass as half- empty? Well, it's time for you to latch on to something highly transmittable and genuinely rewarding: CONTAGIOUS OPTIMISM.

Learn how you can experience true happiness and fulfillment despite life's greatest challenges as you read the stories of those who have chosen to see that glass half -full.

—Chloe JonPaul, author of This Business of Children

"Reading Contagious Optimism will allow you to appreciate and understand the principles that people of all

races, religions, and socioeconomic backgrounds live by and have exhibited during their life's adventures."
—Daniel P. Tully

"I consider myself a very positive person. Still, I learned a lot from the various authors in this book about "Positive Forward Thinking." I'm sure you will get a lot out of this book too. Why? Because it's infectious. So buy this book and catch some optimism now!"
—Allen Klein, author of *The Art of Living Joyfully*

From the Back Cover
100 Habits of Highly Optimistic People

Where are you on your life journey? Do you want a different life, but aren't sure how to find it? How do you discover your passion? How do you take charge of your professional future?

Start using the lessons of *Contagious Optimism* to write your own "silver linings playbook." *Contagious Optimism* includes stories, advice, actions and insights from business leaders, visionaries, professionals and just plain folks. David Mezzapelle believes that we all have the capacity to make optimism contagious just by sharing our life's adventures, and he's found a group of unstoppable optimists who have made their lives exactly what they want them to be.

Learn to:

- Develop your talents through practice
- Become successful by turning the word "impossible" on its head
- Meet "The One" by becoming "The One"
- Build the brand that makes you you

...and much, much more.

About the Author

David Mezzapelle has been motivating others to be positive since his childhood. In most aspects of life he has been living his vocation of making others feel good about themselves, the world around them, and what lies ahead. David is a major proponent of optimism. He has served a variety of roles to mentor others and assist people, of all demographics, in appreciating their current life as well as in building a foundation for the future. David was inspired to write this book series based on his life's experiences and his contagious optimism. Throughout David's life he has encountered great peaks and valleys, all of which he is thankful for. He never lost sight along the way and has kept his positive attitude and confidence at 110 percent. He has influenced many people with his outlook and these books are his way of offering optimism to others that have never met him. David has been a guest on various radio and Television programs. He is also a frequent contributor to the *Wall Street Journal* and various other publications around the globe. David resides in Jupiter, Florida with his wife, Courtney. Learn more about David at contagiousoptimism.net.

But right here, we will show you amazing thing to be able constantly review guide *Contagious Optimism: Uplifting Stories And Motivational Advice For Positive Forward Thinking* By David Mezzapelle any place as well as whenever you happen as well as time. The book *Contagious Optimism: Uplifting Stories And Motivational Advice For Positive Forward Thinking* By David Mezzapelle by just could assist you to

understand having guide to review every single time. It will not obligate you to constantly bring the thick book wherever you go. You can just maintain them on the gadget or on soft file in your computer to always read the room during that time.